

Bernhoff Allen Dahl, M.D.

Bernie Dahl, M.D. shares wisdom gained from 25 years "in-the-trenches" of successful group medical practice, business ventures, and consulting.

Topics: Strategic Planning, Inspirational, Motivation, Success, Best-selling Author, Cancer


Industry specialties: Healthcare/Medical, Consulting

Travels from: ME

Bernhoff Allen Dahl, M.D.



- Bernie Dahl, M.D., a native of New Jersey, earned degrees in Chemistry and Bible from Wheaton College in Illinois, and an MD from Cornell University Medical College.
- Dr. Dahl completed his Internship and Residency in Pathology at the University of Vermont, and went on to serve as an Epidemic Intelligence Service Officer with the Center for Disease Control in Atlanta.
- Immediately following his term as an EIS officer, Dr. Dahl was named Chief of Pathology at Eastern Maine Medical Center.



In 1995, Dr. Dahl took an early retirement to lecture, write, and consult full-time. He has focused on organizational design and dynamics, leadership issues and skills, and *values-driven* strategic planning.

He offers keynotes and seminars on leadership issues such as...

Suddenly You Are the Leader...Now What?

Dr. Dahl has written extensively on his subjects of interest, including ***Optimize Your Life!***

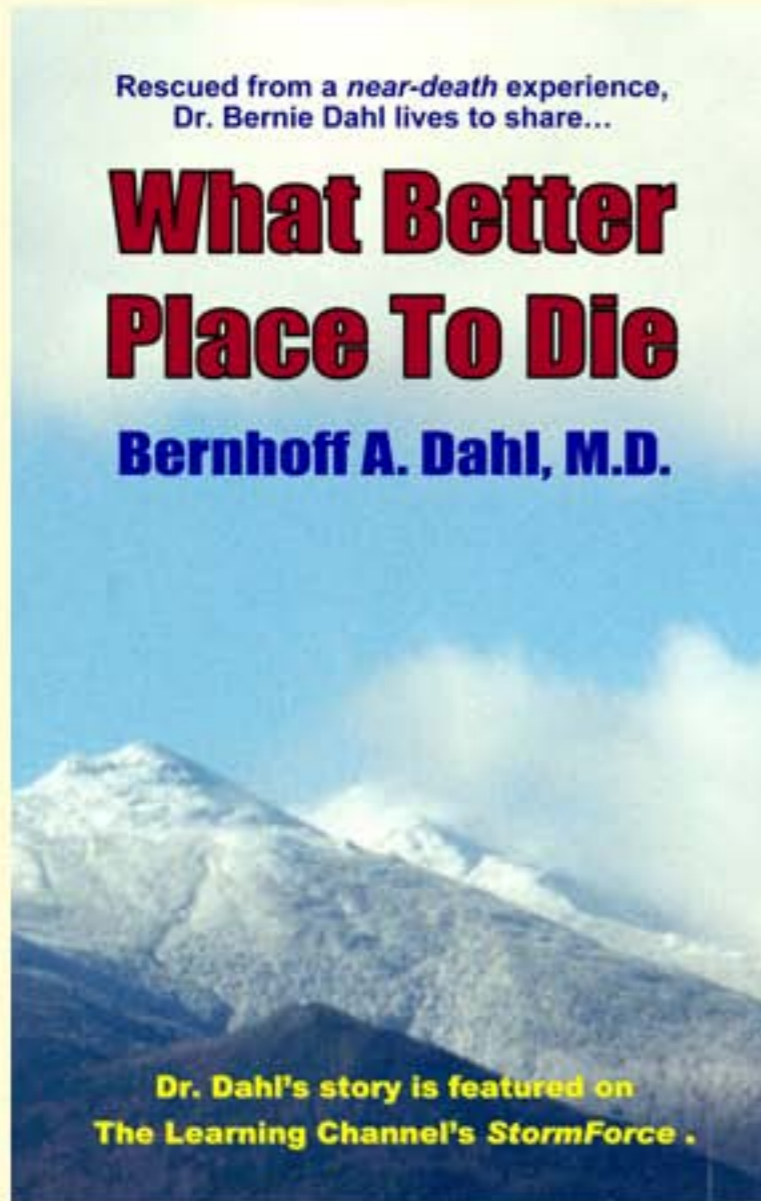
The book has become an international bestseller, with licensed editions printed in Korea, Japan, Indian subcontinent (Tata McGraw-Hill), Mainland China, and a worldwide Spanish edition by Random House, the world's largest publisher.

Dr. Dahl offers keynotes and workshops adapted for a wide range of audiences based on concepts to "Optimize Your Personal, Business, Professional and Organization Lives", entitled...

Take Charge of Your Life...or Someone Else Will.

Our International Bestsellers!






In his spare time, Dr. Dahl has a passion for mountain climbing. He has climbed such peaks as Kilimanjaro in Africa, Mt. Elbrus in Russia, Popo and Ixta in Mexico, and Aconcagua in Argentina (the highest mountain outside of Asia).

But it was right here in the States that he had his most rousing experience, when he had a *near-death* experience on Mt. Washington.

His signature keynote is...

Lessons for Living from a Mt. Washington Misadventure.



After years of monitoring for prostate cancer, in the Fall of 2004 a firm diagnosis was made by biopsy. Dr. Dahl recently completed an aggressive course of androgen deprivation therapy, radical prostatectomy, chemotherapy, and external beam radiation therapy.

As a pathologist he had seen the worst cases, the failures, so he opted for a complete therapeutic regimen. His treatment is over, he has no detectable PSA, and the prognosis is excellent.

He shares his story of a physician as a patient with a focus on...

The Assertive Patient: Taking Charge of Your Healthcare

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