

Topics: Strategic Planning, Inspirational, Motivation, Success, Best-selling Author, Cancer

Industry specialties: Healthcare/Medical, Consulting

Travels from: ME

Bernhoff Allen Dahl, M.D.

Bernie Dahl, M.D. shares wisdom gained from 25 years "in-the-trenches" of successful group medical practice, business ventures, and consulting.

Bernie Dahl, M.D., a native of New Jersey, earned degrees in Chemistry and Bible from Wheaton College in Illinois, and an MD from Cornell University Medical College. Dr. Dahl completed his Internship and Residency in Pathology at the University of Vermont, and went on to serve as an Epidemic Intelligence Service Officer with the Center for Disease Control in Atlanta.

Immediately following his term as an EIS officer, Dr. Dahl was named Chief of Pathology at Eastern Maine Medical Center. During his career of 25 years, he served as a lecturer, consultant, board member of several professional societies, President of The American Pathology Foundation, and co-founder of a wide range of successful ventures both inside and outside of Medicine.

In 1995, Dr.Dahl took an early retirement to lecture, write, and consult full time. He has focused on organizational design and dynamics, leadership issues and skills, and *values-driven* strategic planning.

Visit <u>www.Path-Quest.com</u> for details.

He offers keynotes and seminars on leadership issues such as

Suddenly You Are the Leader...Now What?

Dr. Dahl has written extensively on his subjects of interest, including **Optimize Your Life!** which merges synergistically personal and organizational strategic planning. The book has become an international bestseller, with licensed editions printed in Korea, Japan, Indian subcontinent (Tata McGraw-Hill), Mainland China, and a worldwide Spanish edition by Random House, the world's largest publisher.

Visit <u>www.TrionicsUSA.com</u> for details.

Dr. Dahl offers keynotes and workshops adapted for a wide range of audiences based on concepts to "Optimize Your Personal, Business, Professional and Organization Lives", entitled

Take Charge of Your Life...or Someone Else Will.

In his spare time, Dr. Dahl has a passion for mountain climbing. He has climbed such peaks as Kilimanjaro in Africa, Mt. Elbrus in Russia, Popo and Ixta in Mexico, and Aconcagua in Argentina (the highest mountain outside of Asia). But it was right here in the States that he had his most rousing experience, when he had a *near-death* experience on Mt. Washington. The story of his ordeal and rescue was recently featured on *The Learning Channel*, in a series called *StormForce*.

Visit www.MtWashingtonMisadventure.com for details. His signature keynote is:

Lessons for Living from a Mt. Washington Misadventure.

After years of monitoring for prostate cancer, in the Fall of 2004 a firm diagnosis was made by biopsy. Dr. Dahl recently completed an aggressive curse of androgen depravation therapy, radical prostatectomy, chemotherapy, and external beam radiation therapy. As a pathologist he had seen the worst cases, the failures, so he opted for a complete therapeutic regimen. His treatment is over, he has no detectable PSA, and the prognosis is excellent.

He shares his story of a physician as a patient with a focus on: **The Assertive Patient: Taking Charge of Your Healthcare**

Dr. Dahl recently returned to the speaking circuit after completing obligations on his current books and two works-in-progress. Since 1975 Dr. has produced over 3500 educational programs for a wide range of audiences nationwide, as well as on an international basis.